

THE CENTER FOR SELF ADVOCACY
PRESENTS

ACCESS MY RIDE

TRAVEL TRAINING



LET'S TALK ABOUT TRANSPORTATION

The Center for Self Advocacy offers virtual and/or in-person travel training to people with developmental disabilities. We use the Right 2 Ride format to students & people interested in learning to use NFTA Metro Bus and/or Paratransit services. Peer mentors can guide you, one-on-one, through the learning process of how to get where you want to go.

The **Access My Ride** program consists of:

- A series of 3 one-hour video training sessions and discussions, led by peer mentors
- 3 sessions (participant can choose to take one, two, or all three classes):
 - 1st Session: **EDUCATION** - reviews the Americans with Disabilities Act & its impact on transportation services, along with your transportation rights
 - 2nd Session: **ADVOCACY** – how to advocate for yourself in getting where you need to go, how to negotiate systems such as transit system, customer service, what to do when there is a problem, etc.
 - 3rd Session: **WAYFINDING** – using the transit system: how to find your route, how to schedule a Paratransit appointment, how to recognize signs along the route, how to use apps to assist you in routing and payment, etc.
- Participant is offered the option to do personalized one-on-one training with a peer mentor upon completion.
- Training goes at the participant's pace.

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PLEASE APPLY ONLINE AT:
WWW.CENTER4SA.ORG